



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|---|---|---|
| <p>1</p> <p>Law Day May 1</p> | <p>2</p> <p>Win 10/Excel 10 AM - 12 PM</p> <p>Schrendria Robinson Women in Crisis- Killingsworth Home 6 PM</p> | <p>3</p> <p>SEW 11 AM - 1 PM Win 10/Excel 10 AM - 12 PM Win 10 - 6 PM Excel - 6 PM SEW Y/A Orientation - 6 PM Evidation - 6 PM</p> | <p>4</p> <p>Renewal Day</p> | <p>5</p> <p>Win 10/Excel 10 AM - 12 Noon</p> <p>Excel - 6 PM Win 10 - 6 PM</p> | <p>6</p> <p>Happy National Nurses Day!</p> | <p>7</p> <p>NATIONAL FITNESS DAY</p> |
| <p>8</p> <p>Happy Mother's Day</p> | <p>9</p> <p>Win 10/Excel 10 AM - 12 PM</p> <p>Diabetes Support Group Juvenile Diabetes W/ Kobi & Kiona 6 PM</p> | <p>10</p> <p>SEW 11 AM - 1 PM Win 10/Excel 10 AM - 12 PM Win 10 - 6 PM Excel - 6 PM SEW Y/A - 6 PM Evidation - 6 PM</p> | <p>11</p> <p>Happy National School Nurse Day!</p> | <p>12</p> <p>Win 10/Excel 10 AM - 12 Noon</p> <p>Excel - 6 PM Win 10 - 6 PM</p> | <p>13</p> <p>"Nurses are a unique kind. They have this insatiable need to care for others, which is both their greatest strength and fatal flaw."</p> | <p>14</p> <p>Walking is a great form of physical activity to help manage chronic diseases like Arthritis.</p> |
| <p>15</p> <p>"Life doesn't come with a manual; it comes with a mother."</p> | <p>16</p> <p>Win 10/Excel 10 AM - 12 PM</p> <p>Flavored Fork Youth Cooking with Natalie Copeland 6 PM</p> | <p>17</p> <p>SEW 11 AM - 1 PM Win 10/Excel 10 AM - 12 PM Win 10 - 6 PM Excel - 6 PM Evidation - 6 PM</p> | <p>18</p> <p>HIV VACCINE AWARENESS DAY MAY 18TH</p> | <p>19</p> <p>Win 10/Excel 10 AM - 12 Noon</p> <p>Excel - 6 PM Win 10 - 6 PM</p> | <p>20</p> <p>Happy National Streaming Day</p> <p>May 20 is National #StreamingDay</p> | <p>21</p> <p>THANK YOU TO ALL WHO HAVE SERVED</p> <p>HAPPY ARMED FORCES DAY</p> |
| <p>22</p> <p>"When you look into your mother's eyes, you know that is the purest love you can find on this earth."</p> | <p>23</p> <p>Win 10/Excel 10 AM - 12 PM</p> <p>Money Saving Challenge Session - Financial Peace University - Dave Ramsey 6 PM</p> | <p>24</p> <p>SEW 11 AM - 1 PM Win 10/Excel 10 AM - 12 PM Win 10 - 6 PM Excel - 6 PM Evidation - 6 PM</p> | <p>25</p> <p>NATIONAL SENIOR HEALTH FITNESS DAY</p> | <p>26</p> <p>Win 10/Excel 10 AM - 12 Noon</p> <p>Excel - 6 PM Win 10 - 6 PM</p> | <p>27</p> <p>According to InvestorPlace, the inventions that most changed the course of history are the wheel, electricity, Penicillin, semiconductor mechanics and optic lens.</p> | <p>28</p> <p>Lupus is a chronic (long-term) and presently incurable illness of the immune system that can cause inflammation and pain in any part of your body.</p> |
| <p>29</p> <p>Mom is a blessing that no one can replace.</p> | <p>30</p> <p>Happy MEMORIAL DAY</p> <p>PT will be Closed</p> | <p>31</p> <p>SEW 11 AM - 1 PM Win 10/Excel 10 AM - 12 PM Win 10 - 6 PM Excel - 6 PM Evidation - 6 PM</p> | <p>High blood pressure (hypertension) is a common condition in which the long-term force of the blood against your artery walls is high enough that it may eventually cause health problems, such as heart disease.</p> | | | |
| <p>SHOW APPRECIATION AND GRATITUDE DURING</p> <p>NURSES WEEK May 6 - 12</p> | | | | | | <p>PROJECT TECH WHERE GENERATIONS CONNECT</p> |

SEW = Social Emotional Wellness
 Social Emotional Wellness Y/A = Social Emotional Wellness Youth & Adults
 Win 10 = Windows 10